

Jose F Alvarado and Associates
1208 Pemberton Dr
Salisbury, MD 21801
410-742-7660

Well Child Check Schedule:

1. Initial Check-up (1-2 days after hospital discharge)
 - Vaccines: Hepatitis B #1 if not given in the hospital
 - Check Jaundice
 - Assess feeding

2. 2 Weeks:
 - Vaccines: Hepatitis B #1 if not already given
 - Infant should be back to Birthweight
 - Go to lab to have second Newborn Screening drawn 11-14 days old
 - Start Vitamin D 400 IU daily for breastfeeding infants

3. 1 Month:
 - Vaccines: Hepatitis B #1 if not already given
 - Review newborn screening tests
 - Edinburgh Depression Scale for Mothers

4. 2 Months:
 - Vaccines: Vaxelis #1 (DTaP; Polio; Hib, Hep BV); Prevnar #1; Rotavirus #1
 - Growth and Development Assessment
 - Edinburgh Depression Scale for Mothers

5. 4 Months:
 - Vaccines: Vaxelis #2 (DTaP; Polio; Hib, Hep B); Prevnar #2; Rotavirus #2
 - Growth and Development Assessment
 - Start introduction to baby foods between 4-6 months
 - Edinburgh Depression Scale for Mothers

6. 6 Months:
 - Vaccines: Vaxelis #3 (DTaP; Polio; Hib, Hep B); Prevnar #3; Rotavirus #3;
 - Growth and Development Assessment
 - Start introduction of baby foods if not yet begun

7. 9 Months:
 - Vaccines: None (unless catch up needed)
 - Growth and Development Assessment
 - Standardized Developmental Screening (PEDS form)

8. 12 Months:
 - Vaccines: MMR #1 and Varicella #1 and Hepatitis A #1
 - Growth and Development Assessment
 - Labs: Lead levels and Anemia Screening

9. 15 Months:
 - Vaccines: Pentacel #1 (DTaP; Polio; Hib); Prevnar #4
 - Growth and Development Assessment

10. 18 Months:
 - Vaccines: Hep A #2
 - Growth and Development Assessment
 - Standardized Developmental Screenings (MCHAT and PEDS)

11. 2 Years
 - Vaccines:None (unless catch up needed)
 - Growth and Development Assessment
 - Standardized Developmental Screenings (MCHAT and PEDS)
 - Labs: Lead levels and Anemia Screening

12. 2.5 Years
 - Vaccines:None (unless catch up needed)
 - Growth and Development Assessment

13. 3 Years
 - Vaccines:None (unless catch up needed)
 - Growth and Development Assessment
 - Vision and Hearing Screening (if able to cooperate)

14. 4 Years
 - Vaccines: Proquad #1 (MMR and Varicella); Quadracel #1 (DTaP, Polio)
 - Growth and Development Assessment
 - Vision and Hearing Screening

15. 5 Years
 - Vaccines:None (unless catch up needed)
 - Growth and Development Assessment
 - Vision and Hearing Screening

16. 6-10 Years

- Vaccines: None (unless catch up needed)
- Growth and Development Assessment
- Vision and Hearing Screening (even numbered years)
- Labs: Lipid Panel at 10 years (can be earlier with risk factors)

17. 11 Years

- Vaccines: Adacel (Tdap); Meningitis A,C,W,Y #1 ; Gardasil #1 (HPV vaccine)
- Growth and Development Assessment
- Depression Screening and Substance Abuse Assessment
- Labs: Lipid Panel (every 3-5 years); STI Screening (if indicated); Anemia (if indicated)

18. 12-15 Years:

- Vaccines: Complete Gardasil #2 series (if not already completed)
- Vision and Hearing Screening (12 and 15 years old)
- Depression screening and Substance Abuse Assessment
- Labs: Lipid Panel (every 3-5 years if previously abnormal); STI Screening (if indicated); Anemia (if indicated)

19. 16 Years - Young Adult:

- Vaccines: Meningitis A,C,W,Y #2; Meningitis B series, Complete Gardasil series (if not already completed)
- Vision and Hearing Screening as needed
- Depression and Substance Abuse Assessment
- Labs: Cholesterol (standardly at 18 y/o); STI Screening (if indicated); Anemia (if indicated)