

CLEANOUT AGE 3-5 YR OLD:

- 1) DUCOLAX 5MG TABLET CRUSHED
- 2) 2 HOURS LATER, MIRALAX 4 CAPFULS IN 20 OUNCES GATORADE. GIVE 4-6 OUNCES EVERY 30-60 MINUTES UNTIL SOLUTION GONE.
- 3) DUCOLAX 5MG CRUSHED TABLET AGAIN 1 HR AFTER SOLUTION IS GONE.
- 4) GOAL IS TO HAVE STOOL RESULTS JUST CLEAR LIQUID AT THE END OF THIS CLEANOUT.
- 5) MIRALAX FOR MAINTENANCE DEPENDENT UPON WEIGHT.
- 6) AFTER THE PROCEDURE, ENCOURAGE PLENTY OF CLEAR LIQUIDS THROUGHOUT THE DAY.

CLEANOUT AGE 6-11 YR OLD:

- 1) DUCOLAX 5 MG (MAY CRUSH IF NECESSARY).
- 2) 2 HOURS LATER, MIX 6 CAPFULS MIRALAX IN 32 OUNCES GATORADE. GIVE 4-6 OUNCES EVERY 30 MINUTES UNTIL THE SOLUTION IS COMPLETED.
- 3) GIVE ANOTHER DUCOLAX 5 MG ORALLY 1 HOUR AFTER COMPLETION OF MIRALAX SOLUTION.
- 4) GOAL IS TO HAVE THE STOOL RESULTS JUST CLEAR LIQUID AT THE END OF THIS CLEANOUT.
- 5) MIRALAX FOR MAINTENANCE DEPENDENT UPON WEIGHT.
- 6) AFTER THE PROCEDURE, ENCOURAGE PLENTY OF CLEAR LIQUIDS THROUGHOUT THE DAY.

CLEANOUT 12 YRS AND OLDER:

- 1) 2 DUCOLAX 5MG TABLETS ORALLY.
- 2) MIX 10 CAPFULS MIRALAX IN 60 OUNCES GATORADE. 2 HOURS AFTER TAKING DUCOLAX, GIVE 6-8 OZ OF MIRALAX SOLUTION EVERY 30 MINUTES UNTIL THE SOLUTION IS COMPLETED.
- 3) GIVE 2 DUCOLAX 5MG TABLETS ORALLY 1 HOUR AFTER COMPLETION OF THE MIRALAX SOLUTION.
- 4) PATIENT MUST THEN DRINK A SECOND 32OZ BOTTLE OF GATORADE ALL AT ONE TIME.
- 5) GOAL IS TO HAVE THE STOOL COMPLETELY CLEAR AT THE END OF THE CLEANOUT.
- 6) MIRALAX FOR MAINTENANCE DEPENDENT UPON WEIGHT.
- 7) AFTER THE PROCEDURE, ENCOURAGE PLENTY OF CLEAR LIQUIDS THROUGHOUT THE DAY.